

## TACOS

6" soft corn tortillas are delicious, nutritious & naturally gluten free. Our tacos are double meat & double tortilla! Includes your choice of one of Chanos' signature sauces on the side.

### BAJA STYLE FISH... 5.49 <sup>GF</sup>

Crispy beer battered cod, cabbage salad, Chanos' creamy chipotle sauce and sliced Mexican avocado.

### GRILLED MOJO MARINATED STEAK... 5.49 <sup>GF</sup>

Grilled churrasco steak, fresh onions & cilantro, queso fresco and sliced Mexican avocado.

### CHIPOTLE GLAZED SHRIMP & BACON... 4.99 <sup>GF</sup>

Chipotle and garlic glazed shrimp, queso fresco, diced applewood bacon and sliced Mexican avocado.

### GRILLED ANCHO MARINATED CHICKEN... 4.99 <sup>GF</sup>

Grilled ancho marinated chicken, queso fresco, green leaf lettuce and sliced Mexican avocado.

### GRILLED JERK MARINATED CHICKEN... 4.99 <sup>GF</sup>

A Caribbean Delight! Served on a flour tortilla, slightly spicy and Full of Flavor, Grilled Jerk Marinated Chicken, Cabbage Salad and Queso Fresco.

### SLOW COOKED BEEF BARBACOA... 5.49 <sup>GF</sup> <sup>DF</sup>

Slow cooked beef barbacoa (shredded beef), fresh onions & cilantro and sliced Mexican avocado.

### GROUND BEEF PICADILLO... 4.99 <sup>GF</sup>

Savory ground beef simmered with plenty of Mexican seasonings, topped with cheddar cheese and sliced avocado.

### PULLED PORK CARNITAS... 4.99 <sup>GF</sup>

Juicy pulled pork carnitas, red pickled onions, queso fresco and sliced Mexican avocado.

### VEGETARIAN... 4.99 <sup>GF</sup> <sup>V</sup>

Queso frito (Dominican style white cheese sautéed until golden brown), black bean corn salad and sliced Mexican avocado.

### BEEF FAJITAS... 4.99 <sup>GF</sup>

Tender juicy grilled steak strips with sautéed peppers and onions, sliced Mexican avocado and mozzarella cheese.

### CHANOS' HOME-MADE CHORIZO... 4.99 <sup>GF</sup>

Chanos' home-made chorizo, queso fresco and sliced Mexican avocado.

## RICE BOWLS

Includes crispy tortilla strips and your choice of one of Chanos' signature sauces on the side.

### WHITE OR BROWN RICE & BLACK BEANS TOPPED WITH QUESO FRESCO... 6.99 <sup>GF</sup> <sup>V</sup>

Guacamole (Price may vary)... +4.49 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Sautéed peppers & onions... +2.99 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Sliced avocado... +1.99 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Pico de gallo... +1.99 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Queso frito (4 slices)... +3.99 <sup>GF</sup> <sup>V</sup>

Mozzarella or Cheddar cheese... +2.49 <sup>GF</sup> <sup>V</sup>

Corn... +1.49 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Green leaf lettuce... +1.49 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Pickled jalapeños... +0.79 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Applewood bacon... +2.99 <sup>GF</sup> <sup>DF</sup>

## RICE BOWLS

Hardboiled egg... +1.49 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Beef fajitas... +5.49 <sup>GF</sup> <sup>DF</sup>

Mole sauce... +1.99 (\*\*Mole contains nuts)

Grilled ancho marinated chicken... +5.49 <sup>GF</sup> <sup>DF</sup>

Caribbean jerk marinated chicken... +5.49 <sup>GF</sup> <sup>DF</sup>

Grilled mojo marinated churrasco steak... +8.99 <sup>GF</sup> <sup>DF</sup>

Chipotle glazed shrimp... +7.99 <sup>GF</sup> <sup>DF</sup>

Slow cooked beef barbacoa... +8.99 <sup>GF</sup> <sup>DF</sup>

Pulled pork carnitas... +5.49 <sup>GF</sup> <sup>DF</sup>

Ground beef picadillo... +5.49 <sup>GF</sup> <sup>DF</sup>

Buffalo chicken... +5.49

Chanos' home-made chorizo... +5.49 <sup>GF</sup> <sup>DF</sup>

## FAMILY RICE BOWL TRAY

White rice, black beans and the protein of your choice, topped with pico de gallo, sliced Mexican avocado and mozzarella or cheddar cheese. Feeds 4-5.

Grilled chicken, Jerk chicken, Chorizo or Beef fajitas... 52.99 <sup>GF</sup>

Mojo marinated churrasco steak or Beef Barbacoa... 65.99 <sup>GF</sup>

Pork carnitas or Ground beef... 52.99 <sup>GF</sup>

Chipotle glazed shrimp... 63.99 <sup>GF</sup>

## ENCHILADAS

Three soft corn tortillas stuffed, laid on a bed of rice and drowned with your choice of salsa verde or mole sauce and topped with crema, cheese, onions & cilantro. (\*\*Mole contains nuts)

Pulled pork, Grilled chicken or Ground beef... 14.99 <sup>GF</sup>

Slow cooked beef barbacoa... 16.99 <sup>GF</sup>

Queso frito... 14.99 <sup>GF</sup> <sup>V</sup>

## KIDS' APPROVED OPTIONS!

### SMALL CHEESE QUESADILLA MEAL... 5.49 <sup>V</sup>

8" flour tortilla stuffed with mozzarella cheese, golden on the outside & melted in the inside. Includes your choice of white or brown rice on the side.

Grilled chicken... +3.99 <sup>DF</sup>

Grilled steak... +4.49 <sup>DF</sup>

Ground beef picadillo... +3.99 <sup>DF</sup>

### BURRITO JUNIOR 10" <sup>DF</sup>

White rice and ground beef picadillo... 6.99

White rice and grilled chicken... 6.99

White rice and grilled steak... 7.99

### 2-EMPANADA MEAL... 7.49 <sup>GF</sup>

Your choice of two empanadas with white or brown rice on the side

**Choose From:** Ground beef & potatoes, 3 cheese, Grilled steak & cheese, Slow cooked beef barbacoa, Grilled ancho chicken, jalapeño & cheddar, Buffalo chicken or Chano's homemade chorizo & potatoes.

### TACO MEAL... 6.69 <sup>GF</sup> <sup>DF</sup>

One taco with your choice of Grilled chicken, Ground beef picadillo or Grilled steak along with white or brown rice.

## CHANOS' SIGNATURE SALSAS 1 OZ <sup>GF</sup> <sup>V</sup>

0.79

### CREMA

HOUSE SALSA <sup>DF</sup>

AVOCADO <sup>DF</sup>

CREAMY CHIPOTLE

ARBOL PINEAPPLE <sup>DF</sup>

CILANTRO

AJI <sup>DF</sup>

JALAPEÑO LIME <sup>DF</sup>

GUAJILLO HONEY <sup>DF</sup>

GARLIC HABANERO <sup>DF</sup>

## CHANOS' SIGNATURE DRESSINGS 3 OZ <sup>GF</sup> <sup>V</sup>

2.19

CREAMY CILANTRO DRESSING

HONEY CHIPOTLE VINAIGRETTE <sup>DF</sup>

## DESSERTS

Live a little, have some dessert! Desserts rotate daily. Check online or ask us about today's availability

5.49

### TRES LECHES <sup>V</sup>

A very moist cake that has been soaked with a mixture of three full-flavored milks. Decadent.

### MINI CHEESECAKE <sup>V</sup>

Deliciously smooth and creamy!! Can't have enough!

### FLAN <sup>GF</sup> <sup>V</sup>

Enjoy our delicious vanilla caramel custard .

## BEVERAGES

BOTTLED WATER... 1.99

SNAPPLE ICED TEA... 2.99

GATORADE... 2.99

CANNED SODAS... 1.99

JARRITOS MEX SODAS... 2.99

COLOMBIAN COFFEE 12 Oz... 1.99

MANGO SMOOTHIE 12 Oz... 3.99

AUTHENTIC • HOMEMADE



Order Online

[www.chanosrestaurant.com](http://www.chanosrestaurant.com)

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**574 Newark Pompton Turnpike,  
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**Effective May 2024**

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Menu prices may vary. Please call the store or check online to verify current prices.



## BREAKFAST BURRITOS

12" flour tortilla. Includes your choice of one of Chanos' signature sauces on the side.

### SCRAMBLED EGGS, HASH BROWNS, MELTED CHEESE AND SLICED MEXICAN AVOCADO... 9.99 <sup>GF</sup> <sup>V</sup>

Applewood bacon... +2.99 <sup>GF</sup>

Grilled mojo marinated steak... +6.99 <sup>GF</sup>

Sautéed peppers and onions... +2.49 <sup>GF</sup> <sup>V</sup>

Chanos' home-made chorizo... +3.49 <sup>GF</sup>

## HOMEMADE SOUPS

Nourishing delicious soups made from scratch daily! Check online or ask us about today's availability. Includes crispy tortilla strips on the side.

16 Oz | 32 Oz

### CHICKEN VEGETABLE & RICE... 5.69 | 9.99 <sup>GF</sup> <sup>DF</sup>

Shredded chicken, white rice, green peas and diced carrots.

### POBLANO CORN CHOWDER... 5.69 | 9.99 <sup>GF</sup> <sup>V</sup>

Creamy potato corn chowder balanced with mellow fire roasted poblano peppers.

### LENTIL... 5.49 | 9.49 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Lentils cooked with potatoes and carrots.

### BLACK BEAN... 5.49 | 9.49 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Healthy slow cooked black beans pureed to a creamy texture.

### FIDEO... 5.49 | 9.49 <sup>DF</sup> <sup>V</sup>

Spanish style noodles cooked in a zesty tomato sauce with corn kernels.

## MUNCHIES

Enjoy them alone or with the rest of your meal!

### GUACAMOLE (4 OZ)... 4.99 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Creamy Mexican avocados mashed with a touch of lime juice. Price may vary depending on the season.

### CHANOS' CHIPS... 4.39 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Chanos' corn tortilla chips are made fresh everyday and seasoned with our own unique blend of spices.

### OUR OWN QUESO DIP (4 oz | 8 oz)... 3.49 | 5.49 <sup>GF</sup> <sup>DF</sup>

Three creamy melted cheeses and spices. Made daily with real cheese!

### YUCA FRIES... 4.99 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Delicious potato-like wedges, crispy outside and soft inside.

### YAROA (DOMINICAN CHEESE FRIES)... 9.99 <sup>GF</sup> <sup>V</sup>

Crispy seasoned fries, covered with melted mozzarella cheese, pickled jalapeños and diced avocado, drizzled with ketchup, crema & creamy chipotle.

Grilled ancho or Jerk marinated chicken... +5.49 <sup>GF</sup> <sup>DF</sup>

Ground beef picadillo... +5.49 <sup>GF</sup> <sup>DF</sup>

Grilled mojo marinated steak... +8.49 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

### SWEET PLANTAINS OR MADUROS... 4.99 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Caramelized sweet ripe plantains.

### HOUSE SALSA (4 OZ)... 3.29 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Mild, fresh & crisp roasted ripe tomatoes, onion, garlic and a touch of fresh jalapeño and cilantro.

## MUNCHIES

### ESQUITES (MEXICAN STREET CORN CUPS)... 4.99 <sup>GF</sup> <sup>V</sup>

Smoky, sweet and tangy charred corn off-the-cobb slattered with a creamy, cheesy lime scented chili-flecked sauce.

### CRISPY FRIES... 4.49 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Chanos' own crispy seasoned fries with ketchup on the side.

### BLACK BEAN CORN SALAD (8OZ)... 3.99 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Black beans, cucumber, corn and red bell peppers tossed in Chanos' vibrant jalapeño vinaigrette.

## SALADS

Good for you salads with healthy doses of flavor. Includes crispy tortilla strips & your choice of our Chanos' signature dressings.

### SONORA... 9.99 <sup>GF</sup> <sup>V</sup>

Crisp green leaf lettuce, brown rice, fresh chopped pico de gallo, corn, black beans, sliced Mexican avocado and queso fresco.

### VERACRUZ (REINVENTED)... 9.99 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

Lush green leaf lettuce, pico de gallo, fresh red peppers, cucumbers, sliced Mexican avocado and hardboiled egg.

Grilled ancho marinated chicken... +5.49 <sup>GF</sup> <sup>DF</sup>

Grilled jerk marinated chicken... +5.49 <sup>GF</sup> <sup>DF</sup>

Chipotle glazed shrimp... +7.99 <sup>GF</sup> <sup>DF</sup>

Grilled mojo marinated steak... +8.99 <sup>GF</sup> <sup>V</sup>

Shredded mozzarella or Cheddar cheese... +2.49 <sup>GF</sup> <sup>V</sup>

Queso frito... +3.99 <sup>GF</sup> <sup>V</sup>

Hardboiled egg... +1.49 <sup>GF</sup> <sup>DF</sup> <sup>V</sup>

## EMPANADAS

Colombian style. Include your choice of one of Chanos' signature sauces on the side.

3.89

### GROUND BEEF & POTATOES <sup>GF</sup>

### GRILLED ANCHO CHICKEN, JALAPEÑO & CHEDDAR <sup>GF</sup>

### BUFFALO CHICKEN <sup>GF</sup>

### 3 CHEESE <sup>GF</sup> <sup>V</sup>

### GRILLED STEAK & CHEESE <sup>GF</sup>

### SLOW COOKED BEEF BARBACOA <sup>GF</sup>

### CHANO'S HOMEMADE CHORIZO & POTATOES <sup>GF</sup>

## ROLLOS

8" flour tortilla stuffed with cheese, rolled with all ingredients tucked inside, heat-pressed until golden crisp outside and gooey-warm inside.

### BACON CHEESEBURGER... 5.99

### CHEESY CHICKEN FINGER... 5.99

### CHEESY GRILLED CHICKEN... 5.99

### VEGGIE MIX (RED PEPPERS & ONIONS)... 5.49 <sup>V</sup>

### PULLED PORK CARNITAS... 5.99

## QUESADILLAS

12" flour tortilla stuffed with cheese, cooked until golden on the outside and melted in the inside. Includes Mexican crema and your choice of one of Chanos' signature sauces on the side.

### CHICKEN (GRILLED, BUFFALO OR JERK)... 12.99

Melted mozzarella cheese and your choice of Ancho, Buffalo or Jerk marinated chicken.

### CHURRASCO STEAK... 14.99

Melted cheese, grilled mojo marinated churrasco steak.

### CHEESE... 11.49 <sup>V</sup>

Tasty melted mozzarella cheese.

### SHRIMP CHIPOTLE GLAZED... 14.49

Melted cheese and chipotle glazed shrimp.

### VEGGIE MIX (PEPPERS & ONIONS)... 11.49 <sup>V</sup>

Mozzarella cheese and sautéed peppers and onions.

### PULLED PORK CARNITAS AND PICKLED JALAPEÑOS... 13.99

Melted cheese, juicy pulled pork carnitas and pickled jalapeño peppers.

## CHICKEN WINGS

Crispy and juicy, a crowd pleaser for any day of the week! comes with a side of homemade crema.

### BBQ, BUFFALO, MANGO-HABANERO AND CHANOS' RUB WINGS

6 PIECES... 9.99

24 PIECES... 39.96

12 PIECES... 19.98

48 PIECES... 79.92

### EXTRA BBQ, BUFFALO, OR MANGO-HABANERO SAUCE (3 oz)... 2.79

## NACHO MEAL

The ultimate finger food! Add the protein of your choice for a complete meal. Includes Mexican crema and one of Chanos' signature salsas on the side.

### NACHO MEAL... 10.99 <sup>GF</sup>

A bed of Chanos' handmade chips, covered with melted mozzarella cheese, piled with applewood bacon, black beans, corn, fresh chopped pico de gallo, diced avocado and pickled jalapeño peppers.

Grilled ancho marinated chicken... +5.49 <sup>GF</sup>

Caribbean jerk marinated chicken... +5.49 <sup>GF</sup>

Grilled mojo marinated steak... +8.49 <sup>GF</sup>

Ground beef picadillo... +5.49 <sup>GF</sup>

Pulled pork carnitas... +5.49 <sup>GF</sup>

Slow cooked beef barbacoa... +8.49 <sup>GF</sup>

Chanos' home-made chorizo... +5.49 <sup>GF</sup>

## BURRITOS

12" flour tortilla. Includes your choice of one of Chanos' signature sauces on the side.

### STEAK & CHEESE... 13.99

White or brown rice, grilled mojo marinated churraso steak, queso dip, crispy tortilla strips, pickled jalapeños and sliced Mexican avocado.

### GRILLED ANCHO MARINATED CHICKEN... 12.99

White or brown rice, grilled ancho marinated chicken, fresh chopped pico de gallo, queso fresco & sliced Mexican avocado. Your choice of mole sauce (mole contains nuts).

### GRILLED JERK MARINATED CHICKEN... 12.99

White or Brown Rice, slightly spicy and full of flavor, Caribbean Grilled Jerk Marinated Chicken, Cabbage Salad and Queso Fresco.

### SURF-&-TURF... 13.99 <sup>GF</sup>

White or brown rice, grilled mojo marinated churrasco steak, chipotle & garlic glazed shrimp, green leaf lettuce, black beans & sliced Mexican avocado.

### VEGETARIAN... 12.99 <sup>V</sup>

Brown rice, black bean corn salad, queso frito (Dominican style white cheese sautéed until golden brown), green leaf lettuce, crispy tortilla strips and sliced Mexican avocado.

### BEEF BARBACOA... 13.99

White or brown rice, slow cooked beef barbacoa (shredded beef), Chanos' guajillo honey sauce, crisp green leaf lettuce, Mexican crema & sliced Mexican avocado.

### PULLED PORK CARNITAS... 12.99

White or brown rice, juicy pulled pork carnitas, black beans, queso fresco, corn, Chanos' guajillo honey sauce and sliced Mexican avocado.

### BAJA STYLE FISH... 13.99

White or brown rice, beer battered golden crisp cod, cabbage salad, Chanos' creamy chipotle sauce and sliced Mexican avocado.

### SHRIMP & BACON... 13.99

White or brown rice, chipotle & garlic glazed shrimp, applewood bacon, cabbage salad, Chanos' creamy chipotle sauce & sliced Mexican avocado.

### CALIFORNIA... 12.99

Seasoned crispy fries, ground beef picadillo, corn, green leaf lettuce, pico de gallo, sliced Mexican avocado and queso fresco.

### CHANOS' HOME-MADE CHORIZO... 12.99

White or brown rice, Chanos' home-made chorizo, queso fresco, pico de gallo, corn and sliced Mexican avocado.

GF: Gluten Free, DF: Dairy Free and V: Vegetarian

#### DISCLAIMERS

We reserve the right to change our product's prices at any time without prior notice. Sales tax not included. **Certain dishes do not contain gluten and/or dairy but please be aware that the variety of kitchen procedures and the reliance on suppliers may result in cross-contamination with ingredients, tools or products that contain gluten and/or dairy.** Those with extreme sensitivity should consult the manager before ordering. Any menu item, sauce, dressing, topping or add-on marked "df" are so in their own. Where there is a choice pairing, adding, topping or combining you need to make sure your choices are also "df". Topping or combining you need to make sure your choices are also "df".

#### ALLERGIES

Many of our products contain or may come in contact with common allergens, including wheat, milk, eggs, gluten, fish and shellfish. Before placing your order, please inform your server if you or a person in your party has food allergy.

#### DELIVERY FEE \$3.50 + TAX

The delivery charge is not a tip paid to your driver. It helps cover the expenses required for having a delivery service. It cost more to bring the food to you!

OUR SALSAS AND DRESSINGS ARE MADE FRESH DAILY USING ALL-NATURAL INGREDIENTS, WHEN THEY ARE GONE, THEY ARE GONE! WE RESERVE THE RIGHT TO SWAP THE RECOMMENDED OR CHOSEN FLAVOR(S).